

UNDERSTANDING THE MASS



*“Has human language sufficient words
to express what the Eucharist is?
A truly indescribable mystery!
Simple with the greatest simplicity!
Rich with supreme richness!”*

Pope John Paul II
Italian National Eucharistic Congress, June, 1988.

AVE MARIA

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8 Page Prayer Card

Contents:

Vestments, Sacred Vessels, Sacred Books.

The Specific Elements of Holy Mass.

- **Introductory Rites,**
- **Liturgy of the Word,**
- **Liturgy of the Eucharist,**
- **Communion Rite,**
- **Concluding Rite.**

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Description:

THE MASS

The Mass is the memorial of the death and resurrection of Our Lord Jesus Christ in which the sacrifice of the Cross is perpetuated. It is the peak of Christian worship and it signifies the unity of God's people. It is an action in which Christ, through the ministry of a priest, offers Himself under the species of bread and wine to God the Father and gives Himself as spiritual food to the faithful present at the offering.